

The liver is the largest organ in the body and is the most vulnerable to deficits in function. Today's diet, combined with environmental stresses and a hectic lifestyle, subject the liver to too many refined carbohydrates, fats, chemical toxins, and devitalized foods that can disrupt the liver's intricate biochemical processes. Because it is responsible for eliminating the very toxins that cause these disruptions, any deficits in liver function can lead to a cycle of liver deterioration.

Performing over five hundred different functions each day, the liver requires many different nutrients to operate efficiently. The vitamins and other nutrients contained in the various parts of the beet plant are intimately involved with proper fat absorption, transportation, and metabolism. A-F Betafood contains essential nutrients for proper liver function from carrots and beet leaves and roots, which are good natural sources of riboflavin, iron, folic acid, beta carotene, and vitamins A, B₆, and F.



Standard Process beet field

All Standard Process products are based on one simple belief – good health comes from good nutrition, and the best nutrients come from whole foods.



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The History & Principles Of Standard Process

Founded in 1929 by Dr. Royal Lee, Standard Process has been a leader in the field of natural whole food supplements for 75 years. Dr. Royal Lee believed that, "The quality of a whole food supplement is dependent on the quality of the manufacturing process." This remains the foundation of the Standard Process doctrine today. Owned and operated by relatives of Dr. Lee, Standard Process manufactures its supplements from start to finish at its facility located in the heartland of America: Palmyra, Wisconsin. Beginning at the company's 1,000 acres of farmland and continuing through the final stages of our unique processing, Standard Process provides the highest quality food supplements available-anywhere.



For more information, call 1-800-848-5061 or visit our website at www.standardprocess.com

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A-F Betafood®

Nutritional Support for the Liver





How A-F Betafood® Keeps You Healthy

Supports both liver and liver function

A-F Betafood contains betaine and vitamin complexes A and F, along with their synergistic cofactors, to promote healthy fat metabolism and keep liver fat at healthy levels. Vitamins and minerals from purely whole-food sources provide strong, natural liver function support.*

The Following Whole Food Ingredients in A-F Betafood Provide Nutritional Health Benefits:

Beet roots and leaves

- ◆ Contain betaine, an effective lipotropic agent that promotes the healthy transportation and metabolism of fats. Beet greens contain significant amounts of vitamin A – important for the repair and maintenance of epithelial tissue. Both vitamin A and its precursor, beta carotene, are strong free-radical scavengers.
- ◆ Beet leaves contain caffeic acid, a substance that protects the liver, as well as ferulic acid, and chlorogenic acid, an antioxidant. They also contain vitamin B₂ and folic acid to support healthy red blood cell formation. The iron in beets helps red blood cells maintain adequate hemoglobin levels.*

Carrots

- ◆ Also provide beta carotene as well as vitamin B₆, which supports healthy cholesterol metabolism in healthy individuals with normal levels and in conjunction with betaine helps maintain healthy levels of homocysteine.
- ◆ High in minerals needed for healthy connective tissue and calcium metabolism.*

Bovine glandulars

- ◆ Supply cells with specific raw materials to help them restore, repair, and regenerate themselves.*

Alfalfa flour

- ◆ Contributes chlorophyll and multiple minerals to help maintain a healthy gastrointestinal tract and liver.*

Flaxseed oil extract

- ◆ Contains the vitamin F complex, comprised of omega-3 essential fatty acids and B-complex vitamins, to help metabolize fats in the blood. In conjunction with potassium, protein, and fiber, vitamin F helps keep cellular membranes pliable.*

Nutritional yeast

- ◆ Supplies B-complex vitamins and multiple minerals and amino acids to encourage healthy sugar metabolism.*

Four Benefits of A-F Betafood

A-F Betafood is a natural formula of whole food ingredients created specifically to support healthy liver function by:

- ◆ Helping to prevent fat accumulation in the liver by promoting proper transportation and metabolism of fats
- ◆ Supporting heart health by maintaining healthy levels of amino acid homocysteine
- ◆ Supporting overall metabolic function
- ◆ Maintaining the healthy function of cells*



Farming and Manufacturing Practices

We grow the majority of our raw materials on company-owned, organically certified farmland.

- ◆ Fertile soil located in Wisconsin's Kettle Moraine basin
- ◆ Verification of the appropriate mineral and nutrient levels in the soil before planting begins
- ◆ Use of organic seed only
- ◆ Consistently monitoring the health of our crops
- ◆ Crop rotation every year to prevent disease and ensure soil vitality
- ◆ Practice eco-sensitive manufacturing by returning plant and other raw material by-products to the land after processing

We process to preserve enzymatic vitality and nutritional potential of ingredients.

- ◆ Exclusive low-temperature, high-vacuum drying techniques
- ◆ A special separating process to extract a concentrated raw material laden with both fat-and water-soluble nutrients
- ◆ Immediate processing of plants upon harvest
- ◆ No artificial flavoring
- ◆ Only natural binding ingredients

We maintain product quality and integrity through exemplary quality control standards.

- ◆ Degreed microbiologists and chemists on-site
- ◆ Weekly bacteriological tests on as many as 400 samples of raw materials, work in process, and finished products
- ◆ Vitamin and mineral analysis to ensure label claims are accurate and that maximum nutrition is delivered
- ◆ Physical tests on tablets, capsules, and powders to ensure product consistency

Why Standard Process A-F Betafood is Unique

A-F Betafood, manufactured by Standard Process Inc., contains natural ingredients that provide synergistic cofactors. The benefits of many of the whole food ingredients overlap in some areas, yet their combination offers a unique blend of nutrients to provide optimal activity and efficacy in supporting both the physiological structure and biochemical processes of the liver.*

The Whole Food Difference

All Standard Process products are based on one simple belief – good health comes from good nutrition, and the best nutrients come from whole foods. Each supplement formula is built on this holistic paradigm. The whole food ingredients in A-F Betafood provide a natural alternative for helping the liver function properly and stay healthy.*



Whole Food Supplements

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.