



Folic acid can be obtained by consuming a healthy, balanced diet consisting of animal organ meats, whole grains, citrus fruits and juices, legumes, egg yolks, and the foliage of dark green, leafy vegetables. However, scientific studies confirm that many people from all age groups and lifestyles lack adequate amounts of folic acid in their daily diets. Folic Acid B₁₂ provides the body with proper amounts of folic acid, which helps prevent the development of neural tube defects during pregnancy, keep the heart healthy, and maintain normal cell division.*



The History & Principles of Standard Process

Founded in 1929 by Dr. Royal Lee, Standard Process has been a leader in the field of natural whole food supplements for more than 75 years. Dr. Royal Lee believed that, "The quality of a whole food supplement is dependent on the quality of the manufacturing process." This remains the foundation of the Standard Process doctrine today.

Owned and operated by relatives of Dr. Lee, Standard Process manufactures its supplements from start to finish at its facility located in the heartland of America: Palmyra, Wisconsin. Beginning at the company's 1,000 acres of farmland and continuing through the final stages of our unique processing, Standard Process provides the highest quality food supplements available.



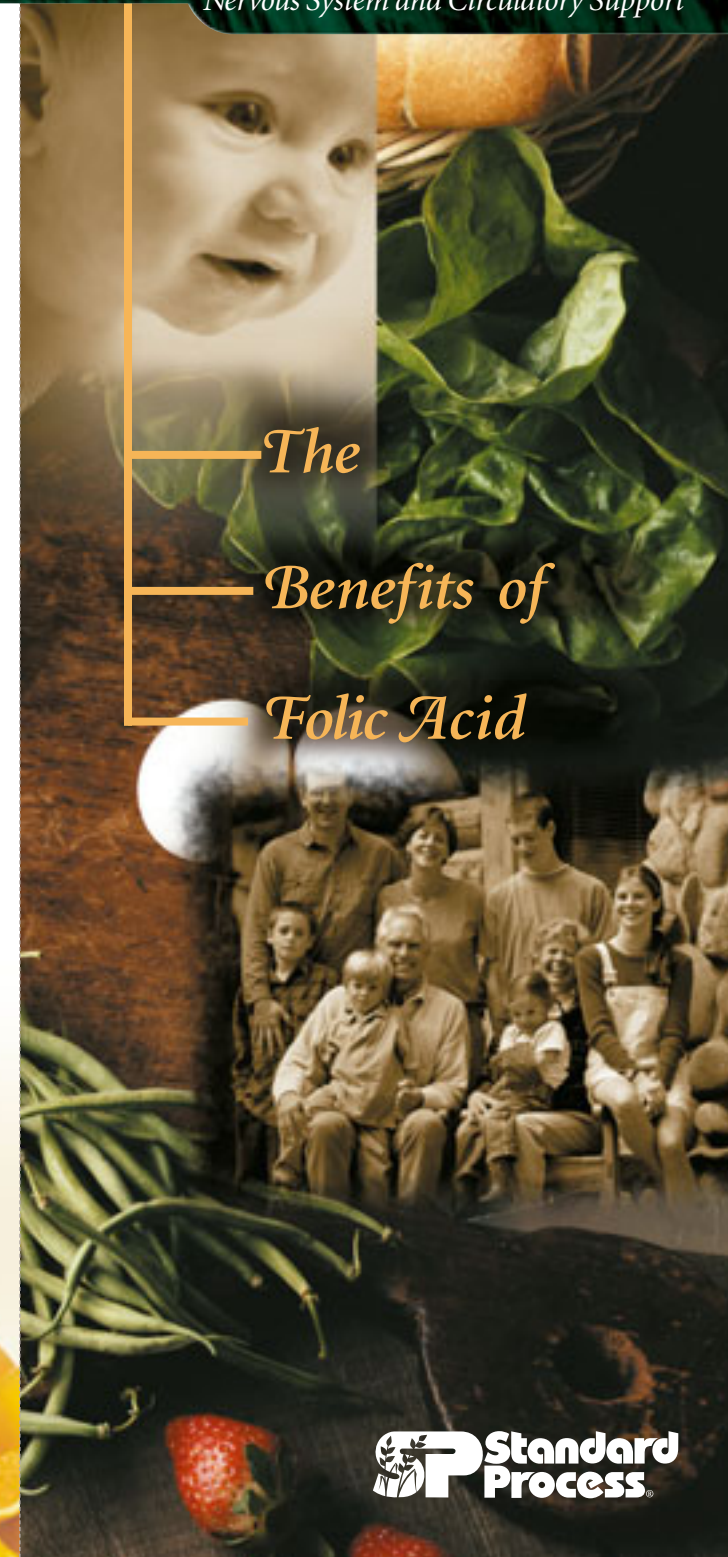
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The Benefits of Folic Acid



How Folic Acid Keeps You Healthy

Reduces the Risk of Neural Tube Defects

Neural tube defects (NTDs) occur in approximately six out of every ten thousand live births in the United States annually. NTDs are serious birth defects involving the brain or spinal cord that can result in infant mortality or serious disability. Because the neural tube forms during the first month of pregnancy, defects can occur before a woman is aware she is

pregnant. The daily intake of folic acid, as part of a healthy diet, is recommended at 400 mcg. This amount of folic acid has been shown to reduce a woman's risk of having a child with a brain or spinal cord birth defect. Folic acid (folate) intake should not exceed 250% of the daily value (1000 mcg).*

Maintains a Healthy Heart

Homocysteine, an amino acid, has been shown to play a significant role in heart health. Folic acid helps maintain healthy levels of homocysteine in the blood.*

Maintains Healthy Cells

Folic acid supports the healthy structure and function of cells. Folic acid is important to cell division and the synthesis of DNA.*



Why Standard Process' Folic Acid B₁₂ Is Best

Folic Acid B₁₂ manufactured by Standard Process is a unique blend of folic acid and vitamin B₁₂, along with synergistic and complementary vitamin complexes from plants, a variety of animal nutrient sources, and Cytosol™ extracts. It helps regulate metabolism and improve well-being.

Stomach parenchyma, an ingredient in Folic Acid B₁₂, aids in proper absorption of B₁₂ and folic acid.*



The Whole Food Difference

All Standard Process products are based on one simple belief—good health comes from good nutrition, and the best nutrients come from whole foods. Each supplement formula is built on this holistic paradigm. We combine whole, enzymatically-active foods (whole plants, animal tissue extracts and concentrates, and botanicals), which contain essential whole vitamin complexes, phytonutrients, and minerals to provide optimal health to your patients.

Nutritional scientists are continually discovering what we at Standard Process have taught and practiced for more than 75 years: When nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over synthetic nutrients.

Farming and Manufacturing Practices

We grow many of our raw materials on company-owned, certified organic farmland.

- Fertile soil located in Wisconsin's Kettle Moraine basin
- Verification of the appropriate mineral and nutrient levels in the soil before planting begins
- Use of organic seed
- Consistently monitor the health of our crops
- Crop rotation every year to prevent disease and ensure soil vitality
- Practice eco-sensitive manufacturing by returning plant and other raw material by-products to the land after processing

We process to preserve enzymatic vitality and nutritional potential of ingredients.

- Exclusive low-temperature, high-vacuum drying techniques
- A special separating process to extract a concentrated raw material laden with both fat- and water-soluble nutrients
- Immediate processing of plants upon harvest
- No artificial flavoring
- Only natural binding ingredients

We maintain product quality and integrity through exemplary quality control standards.

- Degreed microbiologists and chemists on-site
- Weekly bacteriological tests on as many as 400 samples of raw materials, work in process, and finished products
- Vitamin and mineral analysis to ensure label claims are accurate and that maximum nutrition is delivered
- Physical tests on tablets, capsules, and powders to ensure product consistency

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

